



Monday November 7th

Beef Stew with Herb Dumplings
Vegetable Stew with Herb Dumplings (V)

Mash Potatoes
Green Beans
Cauliflower
Assorted Salads

Eves pudding-Hot Apple and Sponge
Fresh fruit and yoghurts



NO SUPPER

Monday November 7th

Chicken Jalfrezi- Pompadoms
Mushroom Balti (v)

Braised Rice
Peas
Roasted Squash and Red Onions
Assorted Salads

Apricot and Ginger Fool
Fresh fruit and yoghurts



LUNCH

Tuesday November 8th

Lamb chops – with a brown onion
sauce

Vegetable Pie (V)

Jacket Potatoes

Sweet corn

Glazed carrots

Assorted Salads

Chocolate bread and butter pudding

Fruit & Yoghurts



NO SUPPER

Tuesday 8th November



LUNCH

Wednesday November 9th

Turkey escalope's-caper butter
Pasta, leek and cheese bake (V)

New parsley potatoes
Peas and carrots
Broccoli with sesame seeds
Assorted salads

Sticky toffee pudding
Fruit & Yoghurts



NO SUPPER

Wednesday November 9th



LUNCH

Thursday November 10th

Coley Bonne femme-mushroom, cream ,
onion and white wine sauce

Baked courgettes with a tomato salsa (V)

Assorted salads

Wedge potatoes

Red cabbage

Sweet corn and peppers

Blueberry , Greek yoghurt and honey
pudding

Fruit & Yoghurts



SUPPER

Thursday November 10th

Pork Cassoule

Vegetable Cassoule (V)

Couscous

Roasted carrots

Cauliflower and broccoli

Assorted salads

Apple pie-Fresh cream
Fruit & Yoghurts



LUNCH

Friday November 11th

Roast dark meat of chicken with a mustard,
beer, lemon and thyme

Marinade

Blue cheese and onion tart (v)

Roast potatoes. Peas

Roast parsnips

Savoy cabbage

Assorted salads

Ginger spiced pudding– with a
whiskey and butterscotch sauce

Fruit & Yoghurts



NO SUPPER

Friday November 11th



LUNCH

Saturday November 12th

Beef Oxford– with red wine, green peppers,
garlic and apricot jam
Linguine with olives and tomatoes (V)

Roasted New potatoes with Rosemarie
Green Beans
Pureed Swede
Assorted Salads

Rice pudding with a blueberry sauce
Fruit & Yoghurts



NO SUPPER

Saturday November 12th



LUNCH

Sunday November 13th

Roast Chicken– Bread sauce and gravy
Linguine with a spicy, caper and black olive
sauce (V)

Roast potatoes
Red cabbage
Sprouts
Baton carrots

Apple and apricot crumble– custard
Fruit & Yoghurts



NO SUPPER