



LUNCH

Monday February 27th

**Pasta bolognaise bake
Mushroom Bourguignon–
Served with buttered pasta (v)**

**Peas and carrots
Cauliflower cheese
Assorted Salads**

**Apple and apricot puff pastry pie
Fresh fruit and yoghurts**



NO SUPPER

Monday February 27th

**Lamb stew and dumplings
Vegetable stew and dumplings (v)**

**Spicy wedge potatoes
Peas
Braised fennel and tomatoes
Assorted salads**

**Crème brulé
Fresh fruit and yoghurts**



LUNCH

Tuesday February 28th

**Pork steak "Milanese"-Parmesan and bread
crumbed topping with a ham and
mushroom sauce
Vegetable stir-fry (v)**

**Boulangier potatoes
Savoy cabbage
Glazed carrots
Assorted salads**

**Treacle tart and custard
Fruit & yoghurts**



NO SUPPER

Tuesday February 28th

**Thai red chicken curry-with mushroom,
new potatoes and green peppers
Quorn and leek bake (v)**

**Coconut rice
Sweet corn
Assorted salads**

**Apple malvern-hot apple and meringue
Fruit and yoghurts**



LUNCH

Wednesday February 29th

**Beef Bourguignon
Vegetable and bean casserole (v)**

**Mashed potatoes
Green beans
Baked tomatoes with herbs
Assorted salads**

**Winter fruits with dumplings
Fruit & yoghurts**



SUPPER

Wednesday February 29th

**Tiger prawns in a tomato and basil sauce
Aubergine and lentil gratin (v)**

**Buttered pasta
Sweet corn
Stir-fried courgettes and garlic
Assorted salads**

**Chocolate and orange mousse
Fruits and yoghurts**



LUNCH

Thursday March 1st

**Sweet and sour Pork
Pasta Napolitano (v)**

Assorted salads

Egg noodles

Roasted peppers and red onions

Cabbage with garlic and sesame seed oil

Rice pudding– with a raspberry sauce

Fruit & yoghurts



SUPPER

Thursday March 1st

**Chicken and leek pie
Mushroom and artichoke pie (v)**

Roasted new potatoes

Green beans and lemon butter

Roasted squash

Assorted Salads

Baked pears with ginger and cream

Fruit & yoghurts



LUNCH

Friday March 2nd

Goujon of plaice and scampi -tartar sauce

Deep fried mushrooms (v)

Chips

Carrots and peas

Broccoli with a cream sauce

Assorted salads

Walnut and apricot pudding

Fruit & yoghurts



SUPPER

Friday March 2nd

Baked ham with a Bordelaise sauce-red wine, pepper corns, vinegar and bay leaves

Baked aubergines (v)

Assorted salads

Mashed potatoes with chives and mustard

Red cabbage

Green beans with caramelized red onions

Chocolate torte

Fruit & yoghurts



LUNCH

Saturday March 3rd

**Penne with a chicken and pesto sauce
Deep fried brie (v)**

**Sweet corn
Cabbage with fried onions and garlic butter
Assorted salads**

Fruit & Yoghurts



SUPPER

Saturday March 3rd

**Lamb stew and dumplings
Vegetable stew and dumplings (v)**

**Assorted salads
Minted new potatoes
Cauliflower
Peas
Roasted courgettes**

**Pear and caramel trifle
Fruit & yoghurts**



LUNCH

Sunday March 4th

Cream of mushroom and ham soup

Lentil and tomato soup with thyme

Crusty fresh bread

Fresh fruits and yoghurts



NO SUPPER