



LUNCH

Monday April 30th

Tiger prawn, cashew nut stir fry
with basmati rice
Vegetable and lentil stew (V)

Sweet corn
Green beans and courgettes
Assorted salads

Blackcurrant and raspberry fool
Fresh fruit and yoghurts



SUPPER

Monday April 30th

Chicken chasseur (white wine, mushroom,
tarragon and onion sauce)
Italian baked omelette with rocket (v)

Boulangier potatoes
Savoy cabbage with garlic butter
Pureed celeriac and carrot
Assorted salads

Lemon torte with a lemony sticky topping
Fresh fruit and yoghurts



LUNCH

Tuesday May 1st

Roasted pork fillet with a red wine
and blueberry sauce
Vegetable grills (V)

Jacket potatoes with cheese
Peas
Assorted salads

Rice pudding soufflé au gratin
Fruit & yoghurts



SUPPER

Tuesday May 1st

Haddock with a warm hollandaise sauce
Leek and potato gratin (V)

Sautéed potatoes
Roasted squash and green peppers
Spinach with cream and nutmeg
Assorted salads

Chocolate and orange pots
Fruit & yoghurts



LUNCH

Wednesday May 2nd

Turkey and mushroom fricassée
Mushroom and pepper bake (V)

New potatoes
Broccoli
Assorted salads

Apple and pine nut tart
Fruit & Yoghurts



SUPPER

Wednesday May 2nd

Lamb tagine
Vegetable and chick pea tagine (v)

Coriander couscous
Garlic roasted courgettes
Assorted salads

Lemon posset
Fruits and yoghurts



LUNCH

Thursday May 3rd

Cod with a red tapenade and breadcrumb
crust (olives, parsley, sundried
Tomato, olive oil and garlic)
Spaghetti with tomato and olives (V)

Chips
Cauliflower cheese
Assorted salads

Greek yoghurt and berry gratin
Fruit & yoghurts



SUPPER

Thursday May 3rd

Ham and mushroom quiche
Cheese, pepper and onion quiche (V)

Hasselback potatoes
Peas
Stir-fry seasonal vegetables
Assorted salads

Coconut and jam sponge- with custard
Fresh fruit and yoghurts



LUNCH

Friday May 4th

Chicken Basquaise (rice, peppers, chorizo,
saffron and orange)

Italian cannellini and vegetable ragout (v)

Roasted courgettes with tomatoes
and garlic

Broad beans in a cream sauce
Assorted salads

Fresh fruit salad
Fruit & yoghurts



SUPPER

Friday May 4th

Beef cobbler
Vegetable cobbler (v)

Assorted salads
Spicy wedge potatoes
Peas
Spicy red cabbage

Gooseberry oaty crumble and custard
Fruit & yoghurts



LUNCH

Saturday May 5th

Cold roasted pork
Ham and beef platter
Savoury profiteroles stuffed with prawns
Spring rolls and samosas (V)

Assorted salads
Hot new potatoes

Chocolate torte and fresh cream
Fruit and yoghurts



SUPPER

Saturday May 5th

Turkey escalopes stuffed with
cream cheese and spinach
Fennel bake with cream cheese (v)

Assorted salads
Buttered pasta
Roasted peppers
Baked tomatoes with basil

Pear and almond flan
with a caramel sauce
Fruit & yoghurts



LUNCH

Sunday May 6th

Roast chicken with thyme
and walnut stuffing
Roast vegetable Wellington (V)

Roast potatoes
Green beans
Cauliflower
Roasted carrots with mustard honey

Dutch apple pie and custard
Fruit & yoghurts



NO SUPPER