



**Monday 15 October**

**LUNCH**

**Southern style Chinese beef with ginger,  
peppers, chilli and coriander  
Mushroom and leek bake (V)**

**\*\*\*\***

**Stir-fried noodles  
Sweet Corn  
Cabbage with garlic and sesame seed Oil  
Assorted salads**

**\*\*\*\***

**Apricot and pear cobbler  
Fresh fruit and yoghurts**



**Monday 15 October**

**SUPPER**

**Poached salmon steaks with a white  
wine and tarragon sauce  
Pumpkin and rosemarie risotto (V)**

**\*\*\*\***

**Rosti potatoes  
Peas  
Leeks in a cream sauce**

**\*\*\*\***

**Rice pudding with cinnamon and  
orange zest  
Fresh fruit and yoghurts**



**Tuesday 16 October**

**LUNCH**

**Pork steaks with a cream and brandy sauce  
Vegetable and aubergine tagine (V)  
"Soup of the day"**

**\*\*\*\***

**New potatoes  
Broccoli with sesame seeds  
Honey roasted parsnips  
Assorted salads**

**\*\*\*\***

**Bread and butter pudding with  
a caramel sauce  
Fresh fruit and yoghurts**



**Tuesday 16 October**

**SUPPER**

**Chicken and penne with a creamy  
pesto Sauce  
Cauliflower Mexican (V)**

**\*\*\*\***

**Wedge potatoes with rosemary  
Roast fennel and carrot  
Green beans  
Assorted salads**

**\*\*\*\***

**Chocolate and almond meringues  
Fresh fruit and yoghurts**



**Wednesday 17 October**

**LUNCH**

**Venison, barley and juniper berry stew  
Stuffed peppers with feta cheese (V)**

**\*\*\*\***

**Roast potatoes with garlic and herbs  
Spicy red cabbage  
Cauliflower cheese  
Assorted salads**

**\*\*\*\***

**Blackberry and honey slice  
Fresh fruit and yoghurts**



**Wednesday 17 October**

**SUPPER**

**Chilli con carne  
Vegetable chilli (V)**

**\*\*\*\***

**Savoury rice  
Peas  
Roast pumpkin with sesame seeds  
Assorted salads**

**\*\*\*\***

**Sticky toffee pudding  
Fresh fruit and yoghurts**



**Thursday 18 October**

**LUNCH**

**Breast of chicken with a cream and  
mushroom sauce  
Stir-fried vegetables and noodles (V)  
"Soup of the day"**

**\*\*\*\***

**Assorted salads  
Jacket potatoes  
Green beans and caramelized red onions  
Pureed swede**

**\*\*\*\***

**Strawberry jam and coconut sponge  
with custard  
Fresh fruit and yoghurts**



**Thursday 18 October**

**SUPPER**

**Roast pork with herbs and garlic  
Pasta with a mushroom, mustard and  
cream sauce (V)**

**\*\*\*\***

**Sauté potatoes  
Canellini beans with tomato sauce  
Carrots and peas  
Assorted salads**

**\*\*\*\***

**Banana and strawberry pancake gratin  
Fresh fruit and yoghurts**



SARUM  
COLLEGE

Friday 19 October

**LUNCH**

**Cottage pie**  
**Mushroom and celery bake (V)**

\*\*\*\*

**Assorted salads**  
**Squash & roasted pepper**  
**Cauliflower cheese**

\*\*\*\*

**Apple and apricot crumble with custard**  
**Fresh fruit and yoghurts**



SARUM  
COLLEGE

Friday 19 October

**SUPPER**

**Haddock Duglare - a veloute sauce**  
**flavoured with cream, tarragon, white wine**  
**and fresh diced tomatoes**  
**Chickpea and spinach ragout (V)**

\*\*\*\*

**Duchesse potatoes**  
**Baton carrots**  
**Sweet corn**  
**Assorted salads**

\*\*\*\*

**Fresh fruit salad**  
**Fresh fruit and yoghurts**



**Saturday 20 October**

**LUNCH**

**Pork steaks with a white wine and whole  
grain mustard sauce**

**Mushrooms in a cream and green  
pepper sauce (V)**

**\*\*\*\***

**Boulangier potatoes  
Broccoli with sesame seeds  
Puree of carrot and swede  
Assorted salads**

**\*\*\*\***

**Orange and vanilla pana cotta  
Fresh fruit and yoghurts**



**Saturday 20 October**

**SUPPER**

**Beef Madras with lentils  
Vegetable korma (V)**

**\*\*\*\***

**Assorted salads  
Pilaf rice  
Green beans  
Roasted pepper and red onion**

**\*\*\*\***

**Chocolate sponge with a  
white chocolate sauce  
Fresh fruit and yoghurts**



SARUM  
COLLEGE

Sunday 21 October

LUNCH

**Roast chicken with homemade herb stuffing  
Deep fried courgettes with a tomato and  
thyme sauce (V)**

\*\*\*\*

**Roast potatoes  
Savoy cabbage  
Roast parsnips  
Glazed carrots**

\*\*\*\*

**Cranberry and orange pie with fresh cream  
Fresh fruit and yoghurts**



SARUM  
COLLEGE

Sunday 21 October

NO SUPPER