




Cyclical Model of Supervision

ADAPTED FROM PAGE & WOSKET 2014

A close-up photograph of a desk. In the foreground, a white document with the word "Contract" printed in a large, black, serif font is visible. To the left of the document, a pair of black-rimmed glasses is partially visible. Above the document, a red pen with gold accents lies horizontally. The background shows a stack of yellow folders and a portion of a computer keyboard.

Contract

- **Ground Rules**
- **Boundaries**
- **Expectations**
- **Accountability**
- **Supervisory Relationship**




Issue

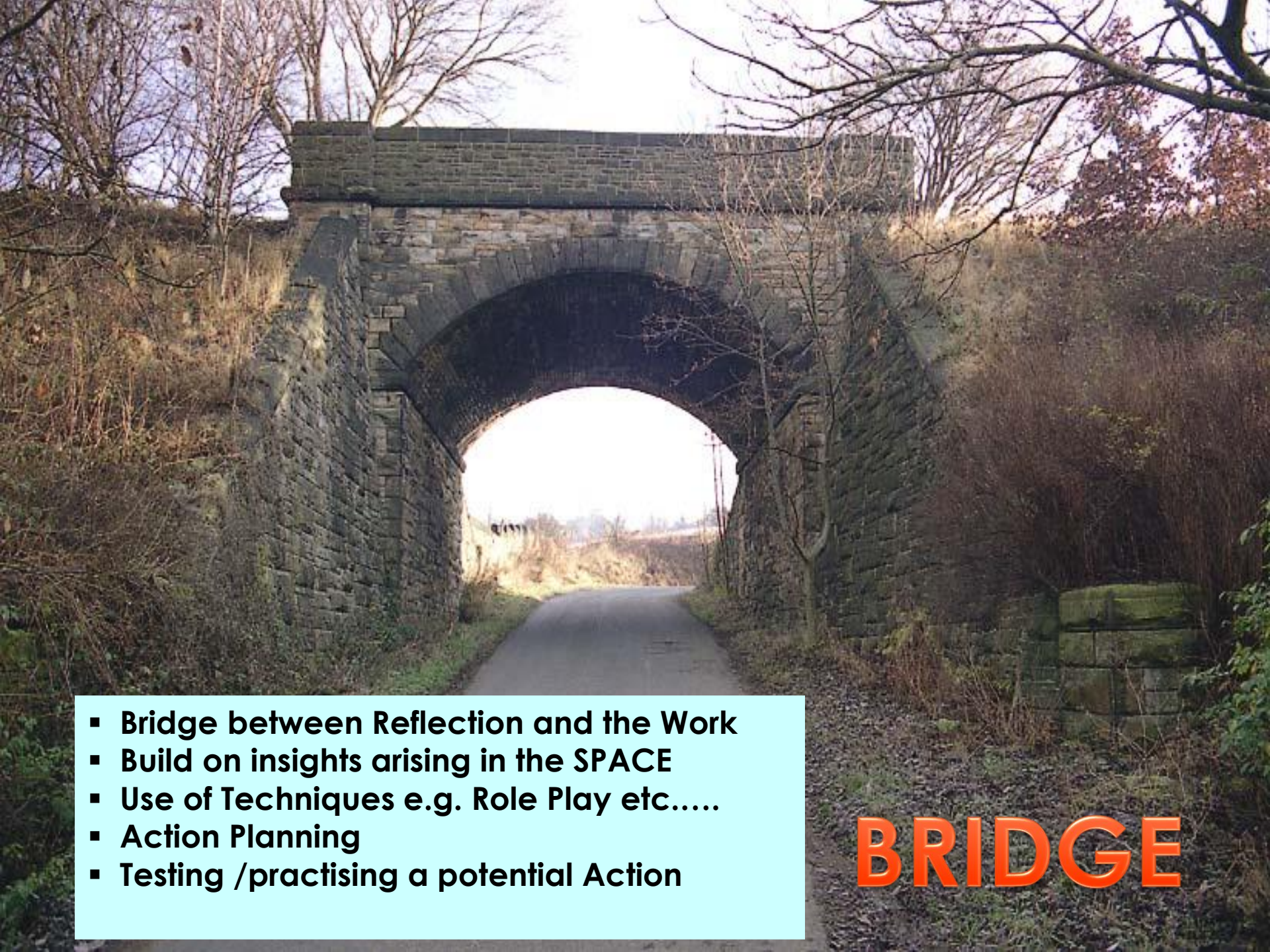
Objectives

Presentation

FOCUS


- 
- Explore
 - Reflect
 - Challenge
 - Support
 - Affirm
 - Contain

SPACE



- **Bridge between Reflection and the Work**
- **Build on insights arising in the SPACE**
- **Use of Techniques e.g. Role Play etc.....**
- **Action Planning**
- **Testing /practising a potential Action**

BRIDGE

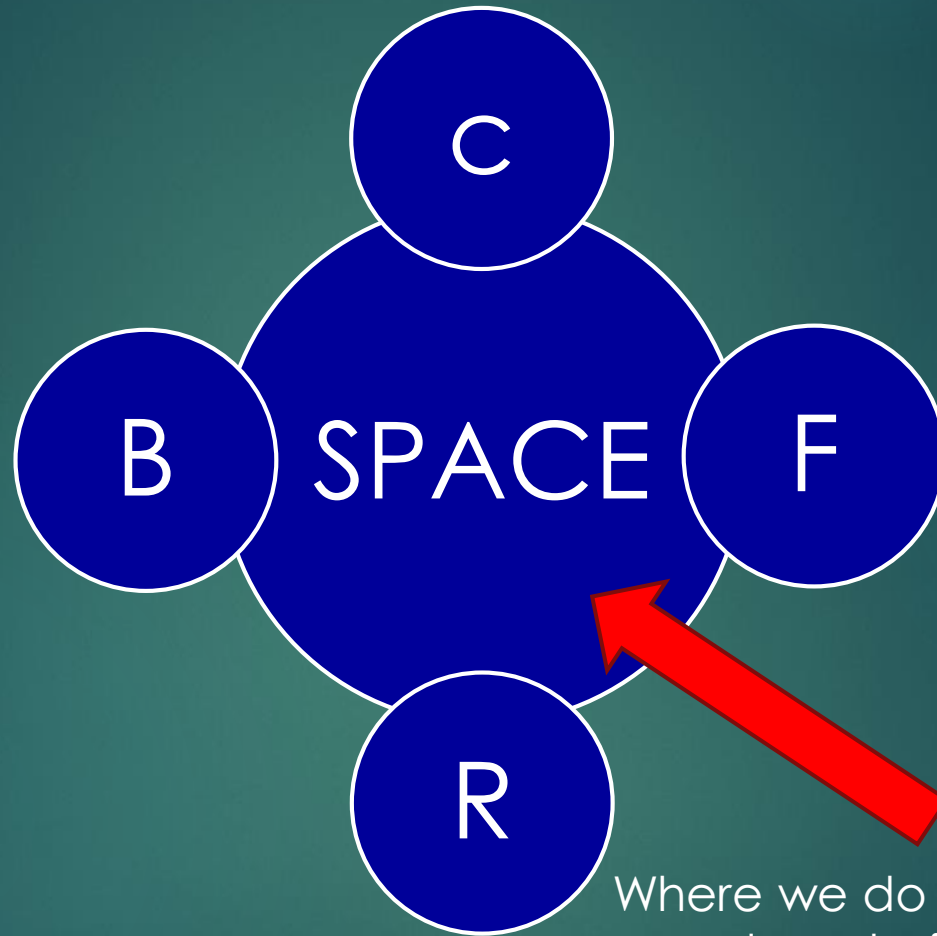
- 
- Where are you now with what we have been exploring?
 - What would you like to hold in mind from this session when you next meet this person?
 - What stands out as significant for you from what we have been reflecting on?
 - How would you like to be different the next time you meet this person?
 - Are there questions that we have to leave unanswered at this point?
 - What are you taking away from our time together today?

Possible Bridging Questions



TIME FOR REVIEW

- Evaluate Experience
- Offer and Receive two-way Feedback
- Re-contract



Where we do the work and
spend most of the session

The Model as a Container

